

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B							
L							
D							

DAIRY	MEAT	FROZEN FOODS	PRODUCE	CANNED GOODS	DRY GOODS	MISC
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____	_____	_____